TelNet OfficeEdge℠ Complete – Hosted PBX

Local Area Network Requirements

TelNet OfficeEdge Complete Hosted PBX voice over IP (VoIP) service has a few basic network and installation requirements which ensure optimal quality and system uptime. In many cases, existing client hardware can satisfy these requirements.

Please share this document with your designated LAN administrator. Any required LAN changes or upgrades should be completed prior to service deployment.

Routers and Switches

Power over Ethernet (PoE) switches are highly recommended, as they eliminate the need for individual power adapters for each phone and also allow for centralized power redundancy. Additional benefits include extending phones into hard to reach areas (without surge protector and extension cord) and virtually separating voice and data traffic.

All on-premise hardware are network devices that require at least a commercial router to function properly. The router selected should have the following capabilities:

- **DHCP.** Devices should receive an internal IP address assignment via Dynamic Host Configuration Protocol (DHCP). Each endpoint will consume an IP address.

- **NAT.** All Network Address Translation (NAT) connections must be left open for at least 60 seconds.

- **QoS.** In a converged network, Quality of Service (QoS) must be applied to prioritize voice traffic over all other traffic types.

Additional configuration recommendations include:

Avoid Double-NATing. Ideally, you will need to have only one device performing routing functions. Double-NATing (double-outing) is known to cause many problems for VoIP phones. It is best to eliminate or bridge any extra or additional routers or modem/router combinations on your network. If you need to put your modem/router combination in bridge mode, please contact your Internet service provider (ISP) for assistance.

IMPORTANT NOTE: If your service provider switches your modem to bridge mode, you are then required to provide security through your router. Please contact your equipment vendor for support

Disable SPI. SPI allows the router to approve or deny any information packets that flow through it for security reasons. However, it often incorrectly identifies VoIP traffic as a security risk. If you are experiencing connectivity issues, consider disabling SPI.

Disable SIP ALG. These are other security features that sometimes prevent traffic from flowing properly. If you are experiencing connectivity issues, consider disabling SIP ALG.

Disable any VoIP-specific functions: Networking equipment will often come customized for VoIP, but many of these custom configurations actually interfere with the traffic flow. TelNet's service does not require custom VoIP supporting functions. Ensuring all VoIP-specific functions are shut off should resolve most of your issues. After you have made the changes, you will need to restart your network.

Firewalls

Firewalls should allow end points to access HTTP, HTTPS, and UDP traffic on the network. End points must be allowed to both send and receive TCP and UDP packets on arbitrary ports and to arbitrary IP addresses. Some network ports may need to be opened manually.

Firewalls should be configured with the following settings for optimal functionality:

System Access. Please ensure open inbound/outbound access to the following IP addresses:

TCP/UDP, ports 5060 to 5090 and port 69			
64.255.74.161 through 64.255.74.190			
64.27.210.0 through 64.27.210.30			
209.142.200.0 through 209.142.200.30			
UDP, port 53			
69.54.192.2 and 69.54.200.10			
TCP, ports 80, 443			
50.19.91.154	64.54.192.26	64.255.64.30	174.129.241.97
54.209.17.125	64.255.76.67	54.210.244.98	

Persistent NAT Connections. NAT keep-alive requests must be allowed every 30 seconds.

SIP. Multiple UDP connections must be allowed on ports 5060 through 5090 and port 69.

RTP. Internally-initiated UDP requests must be allowed on ports 49152 through 65535 for audio.

NTP. UDP traffic must be allowed on port 143 for Network Time Protocol (NTP).

OBi302 & OBi508vs ATAs. www1.obitalk.com service provider portal
https: port 443
Allow Outgoing TCP ports: 6800, 5222, 5223
Allow Outgoing UDP ports: 5060, 5061, 10000 to 11000, 16600 to 16998, 19305
Allow Incoming UDP port: 10000

Bandwidth

All Hosted PBX/Voice over IP services require one or more broadband Internet connections to function properly. Dial-up, standard wireless, and satellite Internet connections are not supported and will negatively impact the delivery of Hosted Services. TelNet or partner-provided bandwidth is recommended for the best overall user experience as it is fully managed from end to end. Voice services can also be used "over the top" with alternate

bandwidth providers via cable or fiber (aka, Bring Your Own Bandwidth – BYOB option).

Each voice call requires approximately 90 Kbps of bandwidth. The following table indicates required bandwidth for various levels of concurrent voice calls.

Concurrent Calls	Required Bandwidth
5	450 Kbps
10	900 Kbps
50	4.5 Mbps
100	9.0 Mbps

Check your available bandwidth at: **speedtest.telnetww.com** Make sure sufficient upload and download bandwidth is available to support the peak number of concurrent calls for your organization.

Note that internal calls between IP phones within the same site only consume 8Kbps signaling bandwidth over Internet connection (e.g., ~82Kbps call payload remains on the LAN).

Facilities

Ethernet cabling and electrical power (or PoE) are required at each endpoint location. Cat-5 or better cabling is required. Consider using Cat-6 or Cat-6e cabling to support gigabit Ethernet networks. Battery backup is recommended for all network equipment.

If power adapters are used, be sure to use a surge protector.

Quality of Service

Quality of Service (QoS) protocols provide the means to guarantee certain resource levels to specific types of network traffic. QoS is particularly important in voice implementations.

Hosted PBX services can utilize several QoS methods to ensure quality. The following strategies are the most effective in producing a stable, scalable network environment.

Physical Network Separation. Many institutions separate voice and/or video on a dedicated Internet connection (TelNet broadband, for example) to ensure quality. This strategy typically involves both separate physical WAN and LAN connections.

Logical Network Separation. Networks can be separated into logical divisions or VLANs to separate voice traffic from lower priority traffic. VLANs can allocate bandwidth dynamically based on volume, or statically by manual assignment.

These strategies may be used in combination to achieve required levels of quality for voice connections.

In addition to these QoS methods, TelNet also tags all voice packets with a DSCP value of 46, which in is often prioritized by OSI Layer 3 devices across the WAN. Configuring a local router to use this DSCP value can also result in improved quality.

Reliability

In some cases, upgrades to network hardware or bandwidth will be required in order to use Hosted PBX services. Using any Hosted PBX service on a low-quality network may result in one or more the following issues (which can be measured at: **speedtest.telnetww.com**:

Latency. The time between a network request and response. Latency should be less than 100 ms. Latency greater than 150 ms will result in decreased quality.

Jitter. The amplitude and frequency of a network's latency. Jitter should not exceed 20 ms. Jitter greater than 20 ms will result in decreased quality.
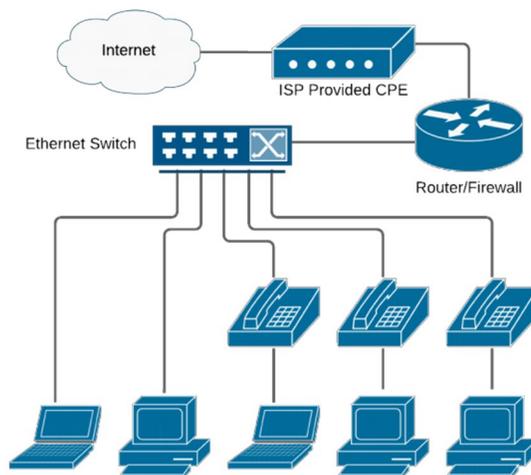
Packet Loss. Data from the client network that is lost in transit. Packet Loss should not exceed 1%. Packet Loss greater than 1% will result in low-quality or dropped calls.

Computer Traffic. If the phones and computers are on the same network connection, the computer traffic can have an effect on the quality of your calls. Generally, the two can coexist, but it is important to be mindful of doing things like remote backup and storage, streaming audio, video, or using peer-to-peer type programs, as these activities may affect your call quality.

Go to **telnetww.com/infosource/Troubleshooting_BYOB.pdf** for additional tips. Please contact your network IT professional if your network is experiencing any of these issues.

Network Topology

Following is the typical network topology for Hosted PBX services setup: